

# Angella Makaha-Lyo MD |

## Curriculum Vitae

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### Biographical Data

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- **Place of Birth:** Makoni, Zimbabwe
- **Citizenship:** United States of America and Zimbabwe
- **Maiden name:** Angella Makaha

### Work Experience

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- **Penn Medicine - University of Pennsylvania Health System** **Philadelphia, PA**  
*Primary Care Physician* February 2024 - Present
- **Consilium Staffing** **Philadelphia, PA**  
*Primary Care Physician* September 2023 - November 2023  
Locums Assignment at Spectrum Community Health Center
- **Medical Offices of Manhattan** **New York, NY**  
*Primary Care Physician* July 2022 - June 2023
- **HackensackUMC Mountainside** **Montclair, NJ**  
*Family Medicine Residency Program* July 2019 - June 2022
- **Thomas Lyo Medical PC** **New Rochelle, NY**  
*Primary care/Geriatrics Externship* May 2018 - June 2019
- **Charles River Laboratories** **Malvern, PA**  
*Laboratory Technician* April 2011-January 2013  
Prepared MRC-5, HeLa cell lines and other cells lines. Inoculated the cells and conducted tests for various pharmaceutical companies in Malvern PA. Alongside my coworkers, I also helped with conducting small scale fundraising for charity organizations such as the Red Cross and various cancer organizations.
- **Merck** **West Point, PA**  
*Biochemist* April 2009-April 2011  
Conducted downstream purification research experiments on VAQTA and testing of pre-harvest samples for VARIVAX
- **Johnson & Johnson** **Malvern, PA**  
*Protein Purification Sciences Intern* May 2008-August 2008  
Assisted with the REMICADE downstream processing research with the Purification Sciences group in Malvern, PA. Focused on methods of improving current purification system without compromising product quality

### Education

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- **St. George's University** **Grenada, West Indies**  
*Doctor of Medicine* Jan 2013-Apr 2018

- **Oral Roberts Univeristy** **Tulsa, OK**  
*Bachelor's Degree in Chemistry*  
*Magna Cum Laude, Dean's list, Academic All American* *Aug 2006–Dec 2008*
- **Louisiana State University** **Baton Rouge, LA**  
*Undergraduate Education* *Sep 2005– Dec 2005*
- **University of New Orleans** **New Orleans, LA**  
*Undergraduate Education* *Aug 2004–May 2006*

### Honors and Awards.....

- **2022** - Hackensack UMC Mountainside Family Medicine Residency Resident Teacher of the Year Award
- **2021** - New Jersey Academy of Family Physicians People's Choice Award for research on Effect of the Covid 19 lockdown period on diabetes management
- **2021** - HackensackUMC Mountainside Family Medicine Residency - Patient Service Award presented to the most outstanding 2nd year resident for recognition of display of consideration and compassion in patient care
- **2020** - HackensackUMC Mountainside Award for Excellence in recognition of dedication and service during the Covid-19 pandemic
- **2018** - Gold Humanism Honor Society
- **2013** - St George's University Bourne Scholarship
- **2013** - St George's University African Students Cultural Association Vice President
- **2007** - Summit League Conference Triple Crown (Cross Country, Track and Field Indoor and Outdoor Champions
- **2006 - 2008** Oral Roberts University Track and Field full scholarship
- **2004** - University of New Orleans Track and Field full scholarship
- **2002-2003** Zimbabwe National Track and Field Junior Team captain

### Other Service And Extracurricular Activities

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#### HackensackUMC Mountainside

*Volunteer*

*2019-2022*

Worked on and led multiple volunteer projects. Projects include:

- Covid-19 vaccination clinics at churches in our community.
- Conducted Covid-19 vaccine education and talks in our community
- Conducted early childhood vaccination lectures to encourage and educate on importance of childhood vaccinations
- Conducted a zoom community event to assist parents facing behavioral challenges with their children during the pandemic

#### Track and Field

*Volunteer*

*2008-Current*

Assist Zimbabwean track and field athletes in obtaining undergraduate athletic scholarships in the US. Collect running shoes and donate to athletes in Grenada and Zimbabwe.

#### Trinitas Regional Medical Center Free Clinic

*Volunteer*

*2017*

Volunteered in Dr Edna Bacarro's free screening clinics where we performed papsmears in low income

and uninsured women.

### **St George's University African Students Cultural Association**

*Vice President*

2013-2015

Teamed up with SGU Indian Cultural Students Association to organize and participate in talent and cultural shows with proceeds donated to various charity organization from 2013 - 2015. Organized and participated in volunteering efforts at nursing homes, orphanages and various charity organizations around Grenada. Led a clothes donation drive each semester for the underprivileged residents of St George in Grenada.

### **University of New Orleans Track and Field Team**

*Volunteer*

2006

Helped in cleaning up New Orleans after University of New Orleans opened up in spring 2006 after closing for a semester following Hurricane Katrina. My Track and Field coach, teammates and I helped clean around Lake Pontchartrain and other areas within the vicinity of the university.

## **Professional Organizations**

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- **American Academy of Family Physicians** (2018-Current)
- **Gold Humanism Honor Society** (2018-Current)
- **American College of Physicians** (2018-Current)
- **Zimbabwe-US Diaspora Docs** (2020-Current)

## **Languages Spoken**

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- Shona (Zimbabwean language) - Fluent
- Spanish - Intermediate/Advanced Medical Spanish

## **Other Skills, Hobbies and Interests**

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- Running, croche, reading Spanish novels, juggling